

Full-Time Psychiatrist**Position Summary**

St. Thomas Elgin General Hospital (STEGH) is seeking a full-time Psychiatrist to join our Mental Health Care team. This is an exciting opportunity to practice in a collaborative, patient-centered environment while providing care across inpatient, outpatient, and community-based settings. The successful candidate will work alongside an experienced interdisciplinary team dedicated to supporting adults experiencing mental health and addiction challenges.

About the Mental Health Care Department

The Mental Health Care Department at STEGH provides compassionate, evidence-based care to adults experiencing mental health and addiction concerns. Services are delivered through inpatient, outpatient, and community-based programs that support assessment, treatment, recovery, and transitions in care.

Our interdisciplinary team includes:

- Psychiatrists
- Registered Nurses (RNs)
- Registered Practical Nurses (RPNs)
- Social Workers
- Occupational Therapists
- Recreational Therapists
- Other specialized healthcare professionals

Together, we provide recovery-oriented, individualized care that supports the diverse needs of our patients and families.

Clinical Practice Opportunities**Inpatient Mental Health Services**

Our 15-bed inpatient mental health unit provides short-term acute assessment, stabilization, and treatment for adults aged 18 years and older.

Responsibilities include:

- Psychiatric assessment and diagnosis
- Treatment planning and medication management
- Collaboration with interdisciplinary care teams
- Supporting safe discharge planning and community transitions

Outpatient Mental Health Services

Our outpatient program provides psychiatric consultation, assessment, treatment, and ongoing support for adults experiencing acute mental health concerns.

Services include:

- Psychiatric assessment and consultation
- Medication management
- Individual and group treatment support
- Consultation to family physicians and nurse practitioners

- Evidence-based therapeutic approaches, including:
 - Cognitive Behavioural Therapy (CBT)
 - Dialectical Behaviour Therapy (DBT)
 - Trauma-informed care
 - Skills-based interventions

Behavioural Supports Ontario (BSO)

The BSO Team provides specialized support to older adults experiencing responsive behaviours associated with:

- Dementia
- Cognitive impairment
- Mental health conditions
- Addictions
- Neurological disorders

Psychiatrists collaborate with patients, families, caregivers, and healthcare providers to provide:

- Behavioural assessment
- Care planning
- Consultation and education
- Short-term interventions
- Transition and discharge support

Qualifications

The ideal candidate will possess:

- Fellowship certification in Psychiatry from the Royal College of Physicians and Surgeons of Canada (FRCPC) or equivalent recognized qualifications
- Eligibility for independent licensure with the College of Physicians and Surgeons of Ontario (CPSO)
- Canadian citizenship, permanent residency, or eligibility to work in Canada
- Commitment to patient-centered, evidence-based mental health care
- A respectful, collegial, and team-oriented approach, with a strong commitment to collaboration across disciplines.

Academic and Teaching Opportunities

As an affiliated teaching site of the Schulich School of Medicine & Dentistry at Western

University, STEGH offers opportunities to:

- Teach medical students and residents
- Participate in clinical education and mentorship
- Contribute to the development of future healthcare professionals

Why Join St. Thomas Elgin General Hospital?

STEGLH is recognized for its culture of compassion, respect, and innovation, with a focus on delivering exceptional patient care.

Highlights include:

- Awarded Employer of the Year (2022)
- Recognized among Newsweek's World's Best Hospitals
- A modern 179-bed community hospital

- Comprehensive emergency, medical, critical care, mental health, and surgical services
- Collaborative and supportive medical staff environment
- Diverse and rewarding clinical practice opportunities
- A high-performing and efficient mental health program, with streamlined clinical processes and strong interdisciplinary collaboration.
- Demonstrated success in reducing outpatient wait times, reflecting an ongoing commitment to quality improvement and timely access to psychiatric care.
- Good inpatient bed capacity and patient flow, allowing the unit to function effectively

About St. Thomas and Elgin County

Located just 25 kilometres south of London, Ontario, St. Thomas offers an exceptional quality of life with the benefits of a growing and vibrant community.

Community highlights include:

- Affordable housing and strong growth potential
- Expanding economic opportunities, including major regional developments
- Access to excellent schools and community services
- Beautiful parks, trails, and recreational amenities
- Close proximity to Port Stanley's beaches, restaurants, and attractions
- Small-town charm combined with modern amenities

Why This Opportunity?

Psychiatrists at STEGH benefit from:

- A broad and diverse clinical practice
- Meaningful involvement across the continuum of mental health care
- Strong interdisciplinary collaboration
- Opportunities for teaching and mentorship
- The ability to make a significant impact on the mental health and well-being of individuals and families throughout Elgin County

Application Information

Interested candidates are invited to submit a letter of interest and curriculum vitae to:

Dr. Giuseppe Guaiana Chief of Psychiatry

Attention: Sheri Nolan, Medical Affairs Email: sheri.nolan@stegh.on.ca Phone: 519-631-2030 ext. 2401

St. Thomas Elgin General Hospital is committed to fostering an inclusive and diverse workplace and welcomes applications from all qualified candidates.