

SHOULD I BE AT WORK AND WHEN CAN I RETURN?

*****IF YOU ARE ILL YOU MUST NOT BE AT WORK*****

SITUATION		WORK?	DETAILS	WHEN TO RETURN
1	I have one or two mild symptoms* and I feel well enough to work. <ul style="list-style-type: none"> • Fatigue • Muscle aches or joint pain • Sore throat • Runny nose or nasal congestion • Headache *New, worsening or different from normal baseline	YES	-You must wear a well fitted medical mask at ALL times, eat alone and follow all ESM guidelines. -When your symptoms are fully resolved you can discontinue ESM.	If your symptoms worsen, see #4.
2	I have any one of these symptoms*: <ul style="list-style-type: none"> • Fever/chills • Cough • Shortness of breath • Decrease or loss of smell or taste *New, worsening or different from normal baseline	NO	-You must not come to work ill - These symptoms are likely communicable, it is your responsibility to protect your patients and co-workers	*You must have resolving symptoms AND be fever free for 24 hours *Until your symptoms are FULLY resolved you must wear a well fitted medical mask at all times, eat alone and follow all ESM guidelines.
3	Diarrhea and/or vomiting	NO	-These symptoms are likely communicable, it is your responsibility to protect your patients and co-workers.	You must be 24-48 hours symptom free to return to work.
4	Other communicable illness or injury	MAYBE	-You must always be 24 hours fever free, and be feeling well enough to work. -There are other criteria that must be met depending on the type of illness/injury you have (including the ability to perform hand hygiene). -If you have been started on antibiotics, you must have had a minimum 24 hours of medication before returning. Contact Occupational health for direction.	Return to work when cleared by Occupational health. Call OH if you require modified duties.

May 1, 2023

To call in sick for a shift:

You must call staffing at ext. 2999

You must call your leader/unit

For absences 4 consecutive shifts or fewer, you are NOT required to call Occupational Health

For absences of 5 consecutive shifts or more, you must contact Occupational Health and complete necessary next steps

ESM (Enhanced Self-Monitoring): means a staff member is especially diligent with masking at all times, hand hygiene and physical distancing.

Meals and breaks are taken ALONE. Masks are ONLY removed for eating and drinking. Masks are worn to and from a vehicle. Staff who smoke must NOT smoke with a co-worker and must smoke ALONE