

Is it a cold, the flu or COVID-19? It can be hard to determine without testing - this chart may help.



Symptom	COVID-19	Influenza	Cold
Cough	Common	Common	Common
Muscle Aches	Common	Common	Sometimes
Tiredness	Common	Common	Sometimes
Sore Throat	Common	Common	Common
Runny/Stuffy Nose	Common	Common	Common
Fever	Common	Common	Rarely
Nausea/Vomiting	Sometimes	Rarely in adults	No
Diarrhea	Sometimes	Rarely in adults	No
Shortness of breath	Common	Common	No
New loss of taste/smell	Sometimes	Rarely	Rarely
Sneezing	Rarely	Rarely	Sometimes
Pink Eye	Sometimes	No	No