

# Ultrasound Fasting

**If you have a cold, flu, fever or are feeling ill, contact the Bookings Office at 519-631-2030, ext. 2242 prior to coming for your test.**

## What is an Ultrasound?

An Ultrasound is an imaging method that uses high-frequency sound waves using a transducer to produce images of structures within your body.

## How to prepare for a FASTING Ultrasound?

**Do not eat or drink for 8 hours prior to your test – nothing by mouth.**

If medication is required to be taken, you may take as usual with as little water as possible.

## What will happen during the Ultrasound?

You may be asked to wear a hospital gown. A gel (which wipes off easily) will be applied directly to the skin surface and a series of pictures will be taken of the body part being examined. The Technologist will be taking pictures and measurements during the test. The test will take between 30-60 minutes to complete.

## What will happen after the Ultrasound?

The radiologist will send the ultrasound report to your physician. The results will be given to you by your physician.

