

# Voiding Cystogram

**If you have a cold, flu, fever or are feeling ill, contact the Bookings Office at 519-631-2030, ext. 2322 prior to coming for your test.**

## What is a Voiding Cystogram?

The Cystogram is an x-ray examination of the bladder. This examination is most commonly requested on children.

## What will happen during the Voiding Cystogram?

You will be instructed to change into a hospital gown and remove all clothing from the waist down. Your pubic area will be cleansed with a special solution. You will be asked to lie on your back on an x-ray table.

A catheter is inserted into the urethra (opening of bladder). The catheter is connected to a bottle which fills the bladder with contrast solution while the technologist watches on the television camera.

When the bladder is full, and you feel the urge to void, the catheter is removed.

You then void (special pad is placed under you to absorb the liquid) while the x-ray is being taken. The exam usually takes approximately 30 minutes.

## What will happen after the Voiding Cystogram?

Drink plenty of fluids. Notify your physician or seek medical help right away if you have bright red urinary bleeding or find it difficult to urinate. It is common to urinate frequently, have slight discomfort, and/or to void pink to light red urine. This should not continue for long.

Contact your physician or go to the Emergency Department if you have chills, fever, rapid heart rate, back pain or dizziness.

Your doctor may request the catheter be left in for a period of time.

The radiologist will send the report to your physician. The results will be given to you by your physician.

