

## My family member is a patient at STEGH. Can I come to visit them?



Yes – **BUT** you must first contact the patient and their care team to determine when you can see them. STEGH is allowing limited visitation to essential caregivers\* only. Essential caregivers are assessed based on a discussion with the patient and their care team. **Please do not show up at the hospital without a pre-arranged appointment to visit.**



*\*An essential caregiver is an individual who is necessary for the safety and well-being of a patient while they are inside the hospital and who is essential for a patient who would otherwise be at risk if the essential caregiver were not present. Essential caregivers do not have to be living with the patient or biologically related to the patient. Essential caregivers must be 18 years of age.*

## There are a number of family members who want to visit a patient. Can we all come together to visit?



No\*\* – but you can arrange individual appointments by speaking with the patient and their care team. STEGH is following public health guidelines and limiting the total number of people in the hospital on both the inpatient and outpatient units. **Please do not show up at the hospital without a pre-arranged appointment to visit.**

*\*\*For patients who are palliative or critically ill, more than one person may be able to be with the patient at a time. Please speak with the patient's care team to discuss how this can be arranged.*

## What are the requirements for coming to visit a patient or accompanying a patient to an appointment?

Essential caregivers must:

- Have a pre-arranged appointment
- Come one at a time (except for palliative or critically ill patients)
- Pass the screening at the entrance
- Perform hand hygiene
- Wear a hospital-issued mask and keep mask on while in hospital (including while in the patient's room)
- Stay two metres apart from other people in the hospital
- Limit movement in the hospital to only within the patient's room

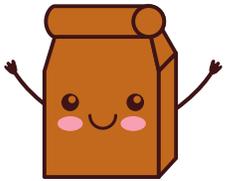


**My daughter just had a baby, can I visit her?**

If your daughter already has an essential caregiver with her and the baby, you will not be able to come to the hospital to visit with her. Only one essential caregiver is permitted for mothers in labour and delivery.

**My mother walks with a cane. She wants me to attend an appointment with her to hear her results. Can I attend the appointment with her?**

If your mother requires your physical support to assist her to the appointment, you must pass the screening questions asked at our entrance and wear a mask to enter the hospital. If your mother would like you to attend the appointment with her and the health care team has determined there is enough physical space to keep everyone safe, you may be permitted to attend the appointment. Please speak with your mother (the patient) and the health care team to make arrangements.

**Can I drop off food?**

Non-perishable food items can be dropped off for a patient at one of the respective screening desks as long as there has been approval from the patient's care team. The items must be labeled and must be able to sit out without refrigeration. Food items can be dropped off at the screening desk and will be transported to the patient's unit when the care team is available.

**Can I drop off personal belongings?**

Personal belongings such as clothing, books and magazines can be dropped off for a patient at one of the respective screening desks as long as there has been approval from the patient's care team. The items must be labeled with the patient's name and room number. We request that expensive items or items with sentimental value be kept at home as the hospital will not replace lost or stolen items. Personal belongings can be dropped off at the screening desk and will be transported to the patient's unit when the care team is available.

**As an essential caregiver, do I need to be fully vaccinated?**

At this time, essential visitors do not need to be fully vaccinated. This requirement may change in the future.