

Your appointment

Date:

Time:

Secondary Stroke Prevention Clinic

You have been referred to the Secondary Stroke Prevention Clinic because you may have had a stroke or a transient ischemic attack (TIA), also called a mini stroke. It is important that you are seen in this clinic for early assessment and possible treatment. This handout will help you prepare for your appointment.

Your appointment at the Secondary Stroke Prevention Clinic

- The booking clerk will call you with the date and time of your appointment. You will be contacted within 1 to 3 business days of receiving the referral. If you have not heard from the clinic within 3 business days, or if you have any questions, please contact us at: 519-631-2030 Ext 2125.
- If you are staying with a family member or friend, please call the Secondary Stroke Prevention Clinic and tell us your contact number.

Preparing for your appointment

- You are encouraged to bring a family member or friend to your appointment.
- Bring all of your medications, vitamins, and herbal remedies in their original containers to your appointment.
- Bring your health card.
- Plan to be at the clinic for 1 hour.
- The clinic is wheelchair accessible.
- The clinic will send a report of your visit to your family doctor.

What to expect at the Secondary Stroke Prevention Clinic

- You will meet with a doctor who is a specialist in stroke prevention care.
- You may also meet with a nurse to review your blood pressure and medications, receive treatment, have tests or be referred to another specialist.

What to do in the meantime:

- Do not drive any type of vehicle until you have been advised to do so by your doctor or the specialist at the Secondary Stroke Prevention Clinic.
- Take your medications as prescribed.
- The Secondary Stroke Prevention Clinic is an outpatient clinic and does not replace an Emergency Department. If you have signs or symptoms of a stroke, call 911 right away.

