

Your appointment

Date:

Time:

# Secondary Stroke Prevention Clinic

You have been referred to the Secondary Stroke Prevention Clinic because you may have had a stroke or a transient ischemic attack (TIA), also called a mini stroke. It is important that you are seen in this clinic for early assessment and possible treatment. This handout will help you prepare for your appointment.

### Your appointment at the Secondary Stroke Prevention Clinic

- The booking clerk will call you with the date and time of your appointment. You will be contacted within 1 to 3 business days of receiving the referral. If you have not heard from the clinic within 3 business days, or if you have any questions, please contact us at: 519-631-2030 Ext 2125.
- If you are staying with a family member or friend, please call the Secondary Stroke Prevention Clinic and tell us your contact number.

#### Preparing for your appointment

- You are encouraged to bring a family member or friend to your appointment.
- Bring all of your medications, vitamins, and herbal remedies in their original containers to your appointment.
- Bring your health card.
- Plan to be at the clinic for 1 hour.
- The clinic is wheelchair accessible.
- The clinic will send a report of your visit to your family doctor.

## What to expect at the Secondary Stroke Prevention Clinic

- You will meet with a doctor who is a specialist in stroke prevention care.
- You may also meet with a nurse to review your blood pressure and medications, receive treatment, have tests or be referred to another specialist.

## What to do in the meantime:

- Do not drive any type of vehicle until you have been advised to do so by your doctor or the specialist at the Secondary Stroke Prevention Clinic.
- Take your medications as prescribed.
- The Secondary Stroke Prevention Clinic is an outpatient clinic and does not replace an Emergency Department. If you have signs or symptoms of a stroke, call 911 right away.

