

Visitors can help to prevent the spread of germs by performing hand hygiene.

Please perform hand hygiene:

- · Before entering the patient room
- Upon leaving the patient room
- At the end of the visit with the patient

Alcohol-Based Hand Rub

- Preferred method for cleaning hands when they are not visibly soiled
- Found throughout the hospital and outside of patient rooms
- Cover all surfaces of your hands and rub for 15 seconds (or until dry)

Hand Washing

- If hands are visibly soiled, soap and warm water are to be used
- Lather for at least 15 seconds, and use a paper towel to turn off taps and open the door

Help us prevent the spread of germs!



For more information, please see our Infection Control information found on our Hospital Services website

www.stegh.on.ca

Infection Control
Guidelines for Visitors



Prevent the spread of life-altering germs!

Stop germs!

Keep your loved ones safe. Keep yourself safe.

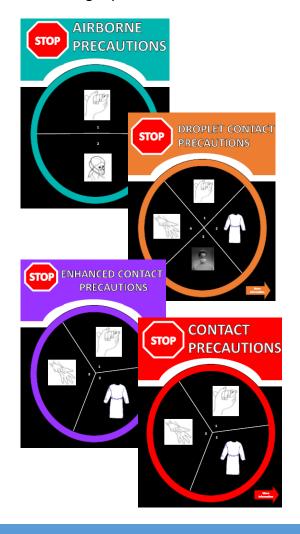
Please follow these guidelines to help prevent the spread of germs:

- Clean your hands before and after you touch your loved one
- Do not visit if you have a fever, cough, diarrhea or are feeling unwell
- Do not sit on hospital beds
- Do not put your feet on hospital beds
- Do not use patient washrooms
- Do not touch supplies on supply carts, instead ask staff for assistance if you need an item
- Limit your visit to one patient, if you must visit more than one patient ensure that hands are cleaned between patients
- Non-immunized children should not visit and are restricted from the Special Care Nursery



DO NOT ENTER

Please stop at the nursing station before you enter a patient room with one of these signs posted outside the door.



Isolation Rooms

Ensure that you wear the proper personal protective equipment when entering:

- Gowns are worn to prevent germs from getting on your skin or clothing and are to be worn when providing care or when you are within 6 feet(2 meters) of the patient
- Gloves are to be worn at any time you are providing care and may be in contact with any secretions of body fluids of the isolated patient
- Yellow masks are to be worn by visitors when indicated based on the isolation signage (if it is immediate family of a child isolated, a mask is not required as they have already been exposed)

Before you leave the room, ensure that you are properly removing your protective equipment:

- Place disposable gown, gloves and masks into the garbage bin
- Perform hand hygiene with alcoholbased hand rub after all protective equipment has been removed