



## Stop germs!

Keep your loved ones safe.  
Keep yourself safe.

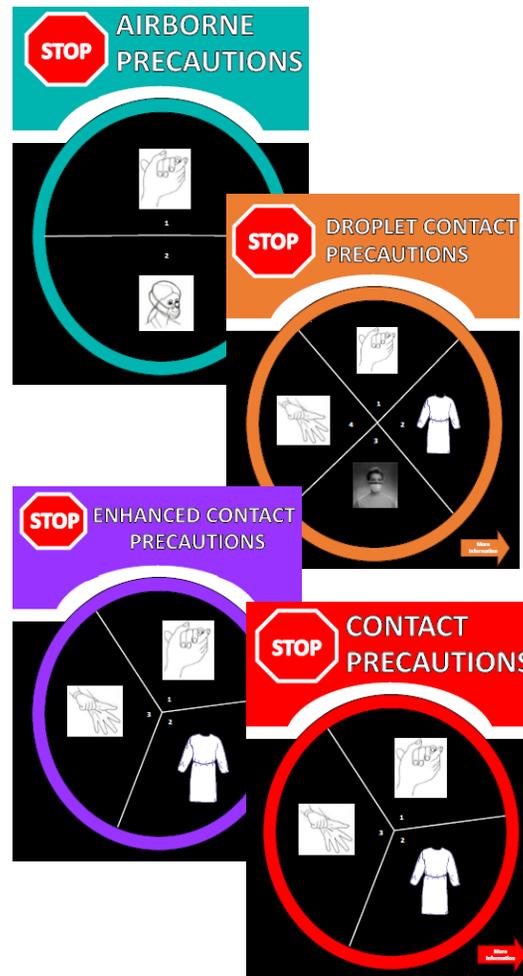
### Please follow these guidelines to help prevent the spread of germs:

- Clean your hands before and after you touch your loved one
- Do not visit if you have a fever, cough, diarrhea or are feeling unwell
- Do not sit on hospital beds
- Do not put your feet on hospital beds
- Do not use patient washrooms
- Do not touch supplies on supply carts, instead ask staff for assistance if you need an item
- Limit your visit to one patient, if you must visit more than one patient ensure that hands are cleaned between patients
- Non-immunized children should not visit and are restricted from the Special Care Nursery



## DO NOT ENTER

Please stop at the nursing station before you enter a patient room with one of these signs posted outside the door.



## Isolation Rooms

### Ensure that you wear the proper personal protective equipment when entering:

- Gowns are worn to prevent germs from getting on your skin or clothing and are to be worn when providing care or when you are within 6 feet (2 meters) of the patient
- Gloves are to be worn at any time you are providing care and may be in contact with any secretions of body fluids of the isolated patient
- Yellow masks are to be worn by visitors when indicated based on the isolation signage (if it is immediate family of a child isolated, a mask is not required as they have already been exposed)

### Before you leave the room, ensure that you are properly removing your protective equipment:

- Place disposable gown, gloves and masks into the garbage bin
- Perform hand hygiene with alcohol-based hand rub after all protective equipment has been removed